

XIV INTERNATIONAL GYMNASTICS FORMATIONS FESTIVAL

"GIM – SHOW 2019"

GRAND PRIX

THE MAYOR OF THE CITY OF GDYNIA

GDYNIA 27.04.2019

REGULATIONS

1. ORGANIZER

Młodzieżowy Dom Kultury/ Youth Centre

2, Grabowo Str.,

81-265 Gdynia

Tel/fax : (058) 698 86 18

Coordinator of the Festival – Anna Ziemann tel. 609 456 398

2. GOALS

- 1. Popularization of team gymnastics forms, their artistic and educational values.
- 2. Development of cultural and artistic awareness among children and teenagers.
- 3. Developing team work and competition skills.
- 4. Creation of ground for ideas and experience exchange in working with young teams.



3. CATEGORIES AND PARTICIPATION RULES

The competition is meant for off-school institutions and schools involved in amateur rhytmic, artistic and acrobatic gymnastics or other gymnastic forms. Professional dancers, cheerleaders or gymnastic clubs cannot take part in the event.

AGE CATEGORIES :

- □ 6-9 (2010-2013)
- □ 10 − 13 (2006 − 2009)
- □ 14 and over (2005 and older)
- 5. Number of participants: 8 26 in a team. Each institution can register any number of teams in each age group.
- 6. Presentation form: each team can present one arrangement in each age category with gymnastic tools, props (exclusive of pom-poms) or without.
- 7. Age group is decided by the age of the majority of contestants. When the number of older contestants equals the number of younger ones, the group moves to higher age category.
- 8. Time of presentation: min. 2 max. 4 minutes
- 9. Music : the recording in MP 3 or audio should be described in the following way name of the group, name of the institution, age category). The recording should be sent by e-mail till 06.04.2019 on e-mail : <u>leszek.buczynski@mdk.gdynia.pl</u> (for security reasons it is necessary to have a copy of the recording on pendrive USB in MP3 format or audio)
- 10. The performances will take place on a carpet 14m x 16 m.
- 11. All participants are obliged to wear socks, ballet shoes or perform barefoot.
- 12. The Committee will award Grand Prix of the "GIM-SHOW 2019" Festival, funded by the Mayor of Gdynia, for the highest artistic value.



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13. Additionally the Committee will award special prizes :

In category 6 – 9 years old :

- The Funniest Choreography
- The Most Cheerful Team
- The Best Choreography
- The Most Original Image
- The Most Difficult Choreography

In category 10 – 13 years old:

- The Most Difficult Choreography
- The Best Movement Expression
- The Most Original Gymnastic Tool or Props
- The Best Artistic Performance
- The Most Spectacular Choreography
- In category 14 years old and over:
- The Most Difficult Choreography
- - The Best Movement Expression
- The Most Original Image
- The Biggest Aristic Expression
- The Most Spectacular Choreography
- And Gdynia Youth Centre Dicector Award

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13. Evaluation criteria:

- Gymnastic elements
- Dance elements
- □ Choreography
- □ Variety of arrangements
- □ Music and movement compatibility
- General artistic impression

4. ORGANIZATION RULES

- 1. Date of the event: 27.04.2019
- 2. Location:

Gdynia Arena

Hala Sportowo-Widowiskowa

Kazimierza Górskiego 8 Street, Gdynia

3. Entry application forms along with confirmed entrance fee should be sent :

- by e-mail to : <u>biuo@mdk.gdynia.pl</u> or tel/fax: Tel/fax: (58) 698 86 18, 698 63 02 ex.25 , the deadline for the application is **16th of March 2019**. There is an entrance fee of **€10 per person**. This should be paid to: Młodzieżowy Dom Kultury bank Account number : **34 1440 1026 0000 0003 9978** or in the Youth Centre office.

- the original application form should be delivered in the first day of the festival, at the latest. The lack of the original application form disqualifies the group from taking part in the festival



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4. Detailed agenda along with the list of participants will be sent by e-mail before **20th of April 2019**

5. The participants or institutions are obliged to cover all the costs of ride and stay during the competition.

6. Each school-aged participant is required to carry a valid school ID card.

FINAL PROVISIONS

- By sending an application form participants automatically give consent to free registration, a possible relay of choreographic shows and use of recordings by media in any way.
- **u** The organizer is not responsible for items left in the locker room.
- Each participant is obliged to comply with the organizer's rules and recommendations, health and safety as well as fire regulations.